



VENUS RETROGRADE

based on your house placement

10/10 PORTAL · THE MIRROR: DO YOU LIKE WHAT YOU SEE?

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The Portal Series · join.portaldates.com

HOW TO USE THIS GUIDE

- 1

Find your rising sign (Ascendant) in your birth chart. **You need your birth time.** You can get a free chart on astro.com. Set the houses to Whole Sign.
- 2

Your rising sign appears twice in this guide, in two houses next to each other. I invite you to read both.
- 3

Venus travels through the end of Libra and the start of Scorpio, which is why you read two houses. The house where your sign is listed first holds the Libra part of her path (October 25 to November 13: rebalancing and deciding). The house where it is listed second holds the Scorpio part (October 3 to October 25: going deep).
- 4

With retrogrades we think of all the RE-words: reassess, rethink, redo, re-evaluate. And the results come after.

No birth time? Use your Sun sign as your rising sign and see if it resonates. Your rising sign will however be more precise.

THE WHOLE CYCLE · AUGUST 31 TO DECEMBER 15

PRE-SHADOW AUG 31 – OCT 3 Hints about what is going to be activated in the retrograde.	RETROGRADE OCT 3 – NOV 13 The rethinking, the revaluing, the re-entering of old connections.	POST-SHADOW NOV 13 – DEC 15 The integration of all the activations of the retrograde phase.
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Every house on the next pages follows the same three steps: the opportunity, the mirror, the result.

FIRST HOUSE

IDENTITY

Libra rising or Scorpio rising

THE OPPORTUNITY

There is an opportunity to transform your identity into a version that is closer to your soul self, closer to your authentic essence. This might show up in the way you see yourself, just as much as in how you show up in the world and how others perceive your value.

THE MIRROR

When you look in the mirror, do you like what you see? Does it feel like the real you?

THE RESULT/REWARD

Your core identity shows up in everything, from money and relationships to work. After this retrograde you may value yourself differently, and it may show everywhere.

SECOND HOUSE

VALUE

Virgo rising or Libra rising

THE OPPORTUNITY

This house is familiar territory for Venus, and she is very comfortable here. There is an opportunity to dive deep into your own core values and to see what you need to keep and what you can let go of.

THE MIRROR

Does what you own, earn and keep truly reflect what you value?

THE RESULT/REWARD

Your value is not represented by what you own. After this retrograde you might have a very different outlook on your values, your money and your relationships.

THIRD HOUSE

VOICE

Leo rising or Virgo rising

THE OPPORTUNITY

There is an opportunity for you to work with your inner voice: to align your voice with both your mind and your heart when you talk with people, or connect in any other way.

THE MIRROR

Do you truly share what lives within you? Do you voice what is on your heart?

THE RESULT/REWARD

When your voice carries both mind and heart, you honor your own inner value.

FOURTH HOUSE

HOME

Cancer rising or Leo rising

THE OPPORTUNITY

There is an opportunity to connect and transform your heart back to your roots, to the nest, and to make sure that what you value, love and enjoy is reflected in where and how you live, in your safe space.

THE MIRROR

Does your home feel like what you value? Do you like what you see when you walk through the door?

THE RESULT/REWARD

Your home situation, or what you value around the home in the largest sense of the word, might be completely transformed.

FIFTH HOUSE

CREATIVITY

Gemini rising or Cancer rising

THE OPPORTUNITY

There is an opportunity to connect with your heart and let your creative power transform, whether that shows up in romance, in joy or in art.

THE MIRROR

What do you hold within that wants to shine outward? Are you letting it?

THE RESULT/REWARD

Creating gives you an outlet for what you truly hold within, and lets it shine outward.

SIXTH HOUSE

DAILY LIFE

Taurus rising or Gemini rising

THE OPPORTUNITY

There is an opportunity to transform what you do on a daily basis: your routines, your habits, but also your health.

THE MIRROR

Is how you live every day truly in line with what you love, what you value and what gives you joy?

THE RESULT/REWARD

Small changes in your days can bring you back to what you love and value.

SEVENTH HOUSE

PARTNERSHIP

Aries rising or Taurus rising

THE OPPORTUNITY

Venus is also very comfortable in this house. There is an opportunity to transform all things partnership: your marriage, your inner marriage, your collaborations, all forms of relationships.

THE MIRROR

Does what you value actually hold up within these connections?

THE RESULT/REWARD

Perhaps you want to take a relationship to a whole new height, or you might want to let things come to an end. Either way, you will know what you value.

EIGHTH HOUSE

SHADOW WORK

Pisces rising or Aries rising

THE OPPORTUNITY

This is the natural house of Scorpio, so this Venus cycle amplifies the transformative power Scorpio holds. This is an opportunity to do deep shadow work, to truly dive into the underground, and to come back up only when she is ready to rise.

THE MIRROR

What have you been avoiding, intellectualizing or smiling away? What are you ready to look at?

THE RESULT/REWARD

What you bring up from the depths comes back transformed. You rise when you are ready.

NINTH HOUSE

BELIEF

Aquarius rising or Pisces rising

THE OPPORTUNITY

You have the opportunity to reassess what you actually value around your belief system, your spiritual beliefs and the teachers that show up for you.

THE MIRROR

Do your beliefs and your teachers still reflect what you value?

THE RESULT/REWARD

This transformation might come in with valuable wisdom you were unaware of that lives within you.

TENTH HOUSE

CONTRIBUTION

Capricorn rising or Aquarius rising

THE OPPORTUNITY

You have the opportunity to transform what you contribute to the collective, and to see whether what you contribute is what you love and value.

THE MIRROR

Does what you give to the world light up your inner world?

THE RESULT/REWARD

When what you contribute matches what you value, it lights you up from within.

ELEVENTH HOUSE

COMMUNITY

Sagittarius rising or Capricorn rising

THE OPPORTUNITY

You have the opportunity to connect your heart to the higher mind of the collective, and to transform how you connect with communities and friend groups, and what your future ideals are.

THE MIRROR

Do the groups you belong to, and the future you are working towards, reflect what you value?

THE REWARD

You might transform your ideals, how you connect with communities and what you value in your future.

TWELFTH HOUSE

SOUL

Scorpio rising or Sagittarius rising

THE OPPORTUNITY

You have the opportunity to connect your heart to the one source of unconditional love, and to transform what you value in this reality and beyond.

THE MIRROR

When you are alone with yourself, in stillness, what do you see?

THE RESULT/REWARD

To truly dive within, in solitude, lets soul memories arise.



DO YOU LIKE WHAT YOU SEE?

UP IN OLD FLAMES

Venus (and mercury) turns direct on Friday the 13th in November and leaves her shadow on until December 15.

Let's have a look again at that time.

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